**Speakers:** Sarah Robbins, MS, CCC-SLP will be joined by two amazing Certified Occupational Therapy Assistants, Kayla Thompson and Hannah Middleton.

## **Speaker Bio:**

Sarah Robbins is a licensed Speech Language Pathologist and the owner of Cornerstone Center for Development. With double master's degrees and specialized certifications in autism, she has over a decade of experience working with individuals on the autism spectrum and those with developmental disabilities. Sarah is passionate about empowering individuals to find their voice, literally and figuratively. She has dedicated her career to developing innovative therapeutic approaches that enhance communication and social skills, helping individuals and families thrive.

Kayla Thompson and Hannah Middleton are both experienced Certified Occupational Therapy Assistants who work tirelessly every day at Cornerstone Center for Development.

Title: Empowering Autistic Voices for those with Developmental Disabilities

**Session Description:** In this session, Sarah Robbins, a highly trained Speech Language Pathologist (SLP) with double master's degrees and specialized certifications in autism, will share her expertise on empowering individuals with autism and developmental disabilities through speech therapy. Sarah will be supported by Kayla and Hannah who will delve into occupational therapy strategies that uplift autistic voices and promote self-advocacy, highlighting practical tools that caregivers, educators, and professionals can use to foster independence and confidence in those they support.

## **Learning Objectives:**

- Understand the importance of communication sensory and emotional regulation, and flexible thinking in developing and expanding self-advocacy for individuals with autism and developmental disabilities.
- Gain insight into therapeutic strategies that support language, sensory, emotional development and social integration.
- Learn how to create an environment that encourages independence and confidence for autistic individuals.

This session will provide attendees with valuable tools and perspectives to empower those with autism and developmental disabilities.

Website: <a href="https://www.cornerstonecfd.com/">https://www.cornerstonecfd.com/</a>